



Attachment #1

## Council Meeting COVID Update

December 21, 2022,

The Pennsylvania Department of Health reported 105 positive COVID-19 cases in Chester since the last council meeting on November 23. Research experts believe the number of positive cases is undercounted, given the common use of at-home tests. Delaware County is currently experiencing a medium level of COVID-19 transmission. According to the CDC, people may choose to mask at any time. You should wear a mask if you have symptoms, a positive test, or exposure to someone with COVID-19. Also, if you are at high risk for severe illness, consider wearing a mask indoors and taking additional precautions. The CDC has also reported 6 cases of Monkeypox in Pennsylvania since the last council meeting.

COVID-19 vaccinations & boosters will be available on January 9 from 11:00– 5:00 at the Delaware County Health Center located at 151 W. 5th St. Walk-ins are offered, but you are encouraged to schedule an appointment by calling (484) 276 – 2100. You can also always go to [vaccines.gov](https://www.vaccines.gov) for the most up-to-date appointment availability for vaccines and boosters.

The Toys for Tots event last week was a success. The Delaware County Health Department also gave out vaccines, boosters, and flu shots at the event. Lastly, if anyone needs COVID-19 test kits, they are available on the table downstairs.

Thank You, and Happy Holidays

Submitted by: Ayanna King: COVID-19 Support Specialist  
Rosetta Carter: Director of Community Health Education Services/COVID-19  
Councilwoman Elizabeth Williams: Director of Public Safety

## City of Chester Health Advisory Board Update December 21, 2022

Respiratory illness caused by viruses are at an all-time high prevalence.

Sars CoV2 (Covid 19), Influenza (Flu) Respiratory Syncytial Virus (RSV) are causing sickness often requiring hospitalizations. The extremely high prevalence of these viruses has most area hospitals at full capacity.

Masking is the best way to prevent transmission and protect citizens from illness. CDC Director Dr. Rochelle Walensky encouraged people to wear masks to help reduce the spread of respiratory illnesses this season as Covid, flu and RSV circulate at the same time.

### RSV mostly children

### Flu vaccine is highly effective

#### Covid 19

- **Recent change in guidelines if you are exposed to Covid 19** you should put on a mask and test in 3 to 5 days. Recommending that if you test positive for COVID-19, you stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Wear a high-quality mask when you must be around others at home and in public.
  - If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.
  - Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
  - You should wear a high-quality mask through day 10.

#### Return to work policy

The exact criteria that determine which person will shed replication competent virus are not known. CDC recommendation if moderate or severe Covid must confer with your doctor.

#### Mild covid19

If you were exposed to someone with COVID-19 and you have COVID-19 symptoms, you can return to work when **all** of these are true:

- You get a **negative** result from a COVID-19 test at least 5 days after the start of symptoms or first positive test result.
- You wear a well-fitting mask around others for 10 days, especially when indoors.

Otherwise, you cannot return to work until **all** of these are true:

- At least 10 days have passed since your symptoms began.

This applies to everyone, regardless of vaccination status. It also applies to people who had a previous

### **Workers that test positive for COVID-19, but do not have symptoms**

If you do not have symptoms, but you test positive for COVID-19, you can return to work when **all** of these are true:

- You never developed symptoms.
- You get a negative result from a COVID-19 test on Day 5 or later from your last exposure or date of positive test.
- You wear a well-fitting mask around others for 10 days, especially when indoors.

Otherwise, you cannot return to work for at least 10 days after you first tested positive. This applies to everyone, regardless of vaccination status. It also applies to those who have had a previous infection

Ronald Renzi

Chairperson City Of Chester Health advisory Board

Attachment #3

**KEEP OUR CHILDREN OUT OF CAGES**  
Delaware County

**TOWN HALL MEETING**

Hear Directly From Young People Who've Been Impacted By The Criminal Legal System



**THURSDAY  
JANUARY 12**  
Keystone Wellness and Opportunity Center in Chester 6:30PM

Topic of Discussion:  
**The Future of Our Youth:  
Juvenile Justice System**

Guest Speakers:  
**ANDRE  
"DAYONENOTDAYTWO"  
SIMMS**