

Attachment # 1

Council Meeting Update

May 11, 2022

The PA Department of Health reports that there have been 6868 positive cases reported in Chester since the start of the pandemic. Since the last council meeting on April 27, there have been 31 reported positive cases. After a slight increase in April, cases have begun to slowly decrease. The CDC reports that the Delaware county community COVID level remains Low.

Everest Urgent Care's hours for operation are Monday-Friday 9-6:30 and Saturday 9-5:30. They offer walk-in COVID PCR testing everyday, and walk-in vaccines and booster shots on Wednesday's and Thursday's from 9-6:30. If you need to schedule an appointment for a COVID vaccine, you can call (484) 480-4700. The Chester Housing Authority is giving out Free COVID tests today, from 4pm-7pm at Booker T. Washington Community Center 611 Central Ave. Each person is allowed 4 tests.

We want to remind you of some of the national health observances for this month. May 8th-14th is National Women's Health Week. Please encourage your loved ones to visit their primary care provider to get their regular health screenings. May 6 - 12 is National Nurses Week. This week celebrates nurses and their role in society. And finally, May is also Mental Health Awareness Month. Our society focuses much more on physical health than mental health, but both are equally important. If you are concerned about your mental health, there are several options available. 1 in 5 adults live with a mental health condition. It may be hard to talk about your concerns, but simply acknowledging to yourself that you're struggling is a really big step. Taking a mental health screening at mhascreening.org can help you to better understand what you are experiencing and get helpful resources.

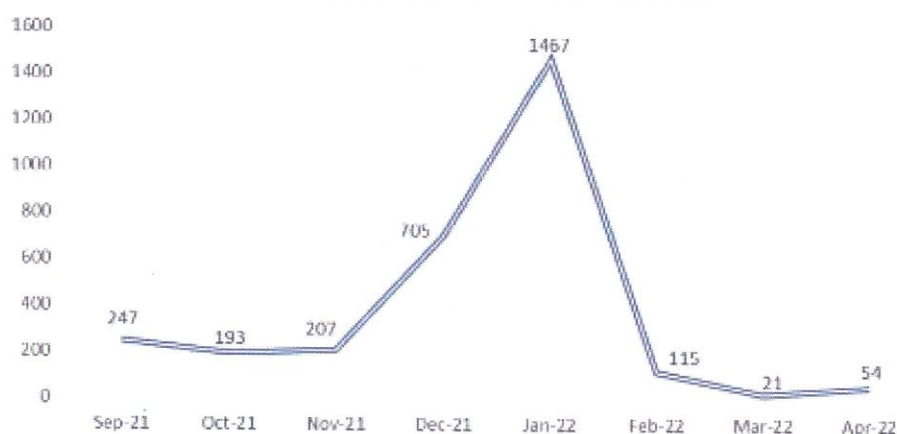
Thank you



May 2022

COVID-19 Newsletter

MONTHLY DATA 2021-2022



COVID Guidelines

- Everyone 5+ is eligible for a Covid vaccine.
- Everyone 12+ is eligible for the first booster shot.
- Everyone 50+ is eligible for a second booster shot.
- Everyone regardless of vaccination status should wear a mask in public indoor settings, in areas of high transmission.
- Everyone should wear a mask, regardless of vaccination status, if they are immunocompromised or at increased risk for severe disease from COVID-19. Also if they have someone in their household who is immunocompromised, at increased risk of severe disease or not fully vaccinated.
- Everyone who has a known exposure to someone with suspected or confirmed COVID-19 should be tested 3-5 days after exposure, and should wear a mask in public indoor settings for 14 days or until they receive a negative test result.
- Everyone who tested positive for COVID-19 or has symptoms, regardless of vaccination status should stay home for 5 days and isolate from others in their home.

Mask Update

In Delaware County the Community level is low. According to the CDC People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. Masks may be required in other areas by local or state authorities.

As of April 18, effective immediately the CDC mask mandate for public transportation is no longer in effect.

The CDC continues to recommend that people wear their masks on public transportation at this time.

Variant Information

The BA.2 omicron subvariant continues to be the dominant and most transmittable variant around the world at this time. BA.2 is about 30-50% more contagious than the original strain of omicron. After a 2 month decline, cases are globally starting to increase once again. The CDC and local health officials urge everyone to remain vigilant because COVID-19 pandemic is not over yet.

May is National Skin Cancer Detection and Prevention Month. As it starts to become warmer outside. Remember to always protect your skin from the sun. Also visit your primary care physician to get your regular health screenings.

For More Information:

<https://www.covid.gov/>

<https://chestercovidinfo.org/>

610-447-7700 Ext 7955